

RUNNERS' SURVEY 2008

Help improve your sport and stand a chance of winning a pair of running shoes for yourself and another pair for your club to donate to an underprivileged club mate.

Please tick where appropriate

1. How many times a week do you run/train?

<input type="checkbox"/> Once	<input type="checkbox"/> Twice/Three times	<input type="checkbox"/> Four times	<input type="checkbox"/> Five or more times
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2. Do you prefer to run with a club/on your own?

<input type="checkbox"/> With a club	<input type="checkbox"/> On my own	<input type="checkbox"/> Just with friends
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3. What is your best time to run?

<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon
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4. In the coming year, do you intend competing in any of the following?

<input type="checkbox"/> Comrades Marathon	<input type="checkbox"/> Two Oceans	<input type="checkbox"/> Nedbank Durban City Marathon	<input type="checkbox"/> Nedbank Joburg City Marathon
<input type="checkbox"/> Nedbank City of Cape Town Marathon	<input type="checkbox"/> Nedbank Soweto City Marathon		
<input type="checkbox"/> Nedbank Matha Series (Tshwane/Bloem/Polokwane/Nelspruit/Stellenbosch/Port Elizabeth)			

5. How many marathons or longer do you run in a year?

<input type="checkbox"/> None	<input type="checkbox"/> 1-3	<input type="checkbox"/> 4-5	<input type="checkbox"/> 6+
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6. How often do you buy new shoes

<input type="checkbox"/> 0-6 months	<input type="checkbox"/> 7-12 months	<input type="checkbox"/> 1-2 years	<input type="checkbox"/> 2 years plus	<input type="checkbox"/> Sponsored	<input type="checkbox"/> Never – Hand me downs
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7. Which, if any, of the following other sports do you participate in at least every 2nd month?

<input type="checkbox"/> Adventure Sports	<input type="checkbox"/> Athletics (Track and Field)	<input type="checkbox"/> Basketball/Netball	<input type="checkbox"/> Billiards/Pool/Snooker	<input type="checkbox"/> Cricket
<input type="checkbox"/> Boxing/Wrestling	<input type="checkbox"/> Cycling	<input type="checkbox"/> Dancing	<input type="checkbox"/> Fishing	<input type="checkbox"/> Golf
<input type="checkbox"/> Horse Riding	<input type="checkbox"/> Hunting/Shooting	<input type="checkbox"/> Martial Arts	<input type="checkbox"/> Rugby	<input type="checkbox"/> Soccer
<input type="checkbox"/> Tennis	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Walking/Hiking	<input type="checkbox"/> Water Sports	<input type="checkbox"/> Swimming

8. Please indicate which, if any, of the following sports you regularly attend as a spectator at the event venue

<input type="checkbox"/> Adventure Sports	<input type="checkbox"/> Athletics (Track and Field)	<input type="checkbox"/> Basketball/Netball	<input type="checkbox"/> Billiards/Pool/Snooker	<input type="checkbox"/> Cricket
<input type="checkbox"/> Boxing/Wrestling	<input type="checkbox"/> Cycling	<input type="checkbox"/> Dancing	<input type="checkbox"/> Fishing	<input type="checkbox"/> Golf
<input type="checkbox"/> Horse Riding	<input type="checkbox"/> Hunting/Shooting	<input type="checkbox"/> Martial Arts	<input type="checkbox"/> Rugby	<input type="checkbox"/> Soccer
<input type="checkbox"/> Tennis	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Walking/Hiking	<input type="checkbox"/> Water Sports	<input type="checkbox"/> Swimming

9. Which of the following banks do you currently bank with?

<input type="checkbox"/> ABSA	<input type="checkbox"/> FNB	<input type="checkbox"/> Nedbank	<input type="checkbox"/> Standard Bank	<input type="checkbox"/> Post Office	<input type="checkbox"/> Other
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10. How likely would you be to open an account with a bank, if you knew that a percentage of the value of all of your transactions on that account would be used for road running development and to help underprivileged runners, at no extra cost to you?

<input type="checkbox"/> Very likely	<input type="checkbox"/> Fairly likely	<input type="checkbox"/> Neither likely nor unlikely	<input type="checkbox"/> Unlikely	<input type="checkbox"/> Very unlikely
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11. Tick the four (4) most important race facilities that determine your participation at races.

<input type="checkbox"/> Getting there/going home	<input type="checkbox"/> History of the event	<input type="checkbox"/> Safety & Marshals	<input type="checkbox"/> Refreshment Tables
<input type="checkbox"/> Value – Fee	<input type="checkbox"/> Results	<input type="checkbox"/> Give-aways	<input type="checkbox"/> Medals
<input type="checkbox"/> Scenic course	<input type="checkbox"/> Fast course	<input type="checkbox"/> Venue facilities	<input type="checkbox"/> Memorable event

Thank you for completing the survey. All 2008 licensing forms comprehensively completed by yourself, co-ordinated by your club and captured by your province before 28 February 2008 will be considered for the draws. Only one reply per person is required. If more than one reply is received, you will automatically be excluded from the draws.